

UNICITY COMPLETE VANILLA

Fuel Your Body – get fit with proteins

Each Unicity product is designed to make your life better.

Our great science-based products can help support your metabolic functions significantly and provide you with more energy and wellness!



PRODUCT DESCRIPTION

You want to eat a balanced diet, but don't always have the time? Unicity Complete® Vanilla is the solution!

This delicious protein shake offers you a protein-rich meal in a glass and is prepared in no time at all. Start your day right with Complete® Vanilla! One serving already contains the daily dose of many essential amino acids, vitamins and minerals. It's high protein content keeps you full for a long time, helps against cravings and supports your body in muscle building and regeneration - so its ideal for athletes and all those who want to pay attention to their weight.

Life is complicated enough – make it easy for yourself and count on Complete®!

CONTENT

1104 g

Serving size: 37 g (measuring spoon enclosed)

Servings per package: approx. 30

IDEAL FOR ALL THOSE WHO...

- are looking for a delicious and healthy option for their weight management
- are athletically active and pay attention to their protein intake
- are looking for a quick and practical way to eat a nutritious diet*

INGREDIENTS AND EFFECTS

- more than 20 grams of protein provide long-lasting fullness and support muscle building
- 100 % of the recommended daily allowance of many essential vitamins and minerals, including vitamins A, C, D, vitamins of the B group, calcium and iron
- 3 grams of dietary fibre to increase the feeling of fullness

RECOMMENDED USE

Mix two measuring spoons with 230 ml water, low-fat milk or vegetable milk. Stir or shake well and drink immediately.

Enjoy the shake once a day.



COLD



SHAKE

UNICITY COMPLETE VANILLA

Recommendation for weight management: For an even better result, stick to the 4-4-12 rule. Take a break of at least 4 hours between meals during the day, during which you consistently eat nothing – not even small snacks! Also make sure that there are at least 12 hours between dinner and breakfast. These intervals optimize fat burning!

For even more effect, combine Complete® with Unicity Balance or Bios 7 to combat cravings and help burn more fat.

INDEPENDENT RECOMMENDATION

Unicity Complete is proven to be free of doping relevant substances and has been included on the *Cologne List*®.



UNICITY SCIENCE

Find out more about our scientific work on Unicity products at unicityscience.org.

NUTRITIONAL VALUES

pro Portion • per serving • per portion (36,8g)			
Brennwert • Energy • Energi	156 kcal		
	656 KJ		
Eiweiß • Protein	20 g		
Kohlenhydrate • Carbohydrates • Kolhydrater	8 g		
davon Zucker • of which sugar • varav socker	3 g		
Fett • Fat	4 g		
davon gesättigte Fettsäuren •			
of which saturated fatty acids •			
varav mättade fettsyror	1 g		
Ballaststoffe • Fibres • Fibrer	4 g		
Natrium • Sodium	0,26 g		
Vitamin A	1.500 µg-RE	188%*	
Vitamin B1	1,5 mg	136%*	
Vitamin B2	1,7 mg	121%*	
Vitamin B6	2 mg	143%*	
Pantothensäure • Pantothenic Acid			
Pantotensäure	10 mg	167%*	
Folsäure • Folic Acid • Folsyra	400 µg	200%*	
Niacin	20 mg-NE	125%*	
Vitamin B12	6 µg	240%*	
Vitamin C	60 mg	75%*	
Vitamin D3	10 µg	200%*	
Vitamin E	60 mg α-TE	500%*	
Biotin	300 µg	600%*	
Calcium	350 mg	44%*	
Iron	18 mg	129%*	
Magnesium	140 mg	37%*	
Zinc	15 mg	150%*	
Copper	2000 µg	200%*	
Manganese	2 mg	100%*	
Chromium	120 µg	300%*	
Potassium	320 mg	16%*	
Jod • Iodine	173 µg	115%*	
* % des empf. Tagesbedarfes • of recommended daily amount (RDA) • av rekommenderat dagligt intag (RDI)			

INGREDIENTS

Whey protein concentrate, inulin, sunflower oil, soy protein isolate, whey protein isolate, flavour, fructose, canola oil, calcium carbonate, milk protein isolate, maltodextrin, potassium citrate, magnesium oxide, thickener: xanthan gum, emulsifier: mono- and diglycerides of fatty acids, potassium phosphate, sodium caseinate, whey powder, sodium chloride, guar gum, thickener: carrageenan, ascorbic acid, D-alpha-tocopheryl acetate, iron fumarate, chromium picolinate, emulsifier: lecithin (soy), sweetener: sucralose, biotin, retinyl palmitate, nicotinamide, zinc oxide, potassium iodide, copper gluconate, calcium D-pantothenate, manganese sulphate, folic acid, cholecalciferol, pyridoxine hydrochloride, thiamine mononitrate, riboflavin, Aloe Vera concentrate (1 %), cyanocobalamin.

NOTE: * Contains milk. If you are pregnant, breastfeeding, taking medication, or have diabetes, you should consult a doctor before the first use. Do not use, if package is damaged. Keep out of the reach of children and store in a cool, dry place.

Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. The recommended daily allowance must not be exceeded. The product is not intended to diagnose, treat, cure or prevent any disease.