

UNICITY Premium Matcha



Billions of dollars are poured into the beverage industry every year, and it's not hard to guess why. In our fast paced, ever-moving world, energy levels are often in low supply, which is why coffee, soda, and sugary drinks are within reach virtually everywhere. While these drinks are usually effective at giving us that boost we need in the moment, they come at a cost: a quick energy burst followed by a crash. Most of these drinks contain too much sugar and little to no nutritional value. What we really need is something that provides long-lasting energy without the side effects.

For centuries, matcha has been known for its natural, long-lasting energy and antioxidant properties. At Unicity, we have taken those built-in advantages and elevated them to the next level.

Unicity Premium Matcha is a powdered drink mix that provides antioxidant support and a metabolic boost, and helps support mental focus.

As a source of caffeine, B vitamins, and L-theanine, Premium Matcha will give you the afternoon pick-me-up you need without the crash that often follows other energy drinks or the jittery effects that come from coffee.

Features

- Contains L-theanine compounds, that support cognitive functions.
- Contains energy-supporting nutrients, including B vitamins.
- Great alternative to a sugary pre-workout drink.

Benefits



Provides your mind and body with a boost of energy.



Supports physical and mental performance.



Helps you stay energized without the sugar crash or jitters.



Supports antioxidant activity.



Promotes relaxation and focus.



Use

Mix one Unicity Premium Matcha sachet with 250–350 ml of water.

Try this

Mix into smoothies or lattes for an energy-boosting beverage.

Featured ingredients



Matcha:

A type of green tea (*Camellia sinensis*) that is shade-grown and prepared in a way that allows the leaves to retain higher amounts of the important compounds that make matcha so good for you. While green tea is prepared by allowing the tea bag to steep in hot water, matcha is prepared by grinding the entire leaf into a fine powder before being mixed with water. This unique preparation results in more bioactive components, such as epigallocatechin gallate (EGCG), a polyphenol. EGCG is a component of matcha that supports antioxidant activity.



L-theanine:

L-theanine is an amino acid that has been shown to promote a sense of mental calm and focus. As such, it has been shown to help counter jitters caused by caffeine. In addition, L-theanine is also particularly concentrated in matcha (as opposed to other green tea) due to its unique harvesting methods.

Vitamin B complex:

B vitamins are essential vitamins in our diets that play an important role in the conversion of food into energy.

Nutritional Information

Serving Size : 1 Sachet (7.3g)
Servings Per Container: 10 Sachets

Amount Per Serving	Per 100g	Per serve (7.3g)	% RDA as per ICMR (per serve)
Energy*	301.37 kcal	22.00 kcal	1.10
Protein	0.00 g	0.00 g	0.00
Carbohydrate	68.49 g	5.00 g	#
Total Sugars	16.72 g	1.22 g	#
Added Sugars*	15.89 g	1.16 g	2.32
Dietary Fiber	13.70 g	1.00 g	4.00
Soluble Fiber	13.70 g	1.00 g	#
Insoluble Fiber	0.00 g	0.00 g	#
Total Fat*	0.00 g	0.00 g	0.00
Saturated Fat*	0.00 g	0.00 g	0.00
Trans Fat*	0.00 g	0.00 g	0.00
Cholesterol	0.00 mg	0.00 mg	#
Sodium*	958.90 mg	70.00 mg	3.50
Ingredients			
Camellia Sinensis Leaf Extract	20547.95 mg	1500.00 mg	#
Inulin	9452.05 mg	690.00 mg	#
Green Coffee Bean Powder Extract	2465.75 mg	180.00 mg	#
L-theanine	856.16 mg	62.50 mg	#
Grape Seed Extract	684.93 mg	50.00 mg	#
Punica Granatum Skin Extract	342.47 mg	25.00 mg	#
Vitamins			
Vitamin C	260.27 mg	19.00 mg	29.23
Vitamin B3	116.44 mg NE	8.50 mg NE	77.27
Vitamin B5	41.10 mg	3.00 mg	60.00
Vitamin B6	12.33 mg	0.90 mg	47.37
Vitamin B2	10.27 mg	0.75 mg	38.47
Vitamin B1	8.90 mg	0.65 mg	46.43
Minerals			
Potassium	1260.27 mg	92.00 mg	2.63
Magnesium	58.22 mg	4.25 mg	1.15

Appropriate overages of vitamins, minerals and nutrients added to compensate loss on storage.

%RDA not expressed.

%RDA established as per ICMR, 2020 for Sedentary work women.

*%RDA calculated based on a 2000 kcal diet for adults.

Other ingredients:

Maltodextrin, Camellia sinensis Leaf Extract (20.55%), Inulin, Nature- Identical Pomegranate and Cherry Flavor, Sucrose, Acidity regulator {Citric Acid (INS 330)}, Fructose, Potassium Citrate, Sodium Chloride, Green Coffee Bean Powder Extract, L-theanine, Grape Seed Extract, Sweetener {Sucralose (INS 955)}, Punica granatum (Pomegranate) Skin Extract, L-Ascorbic Acid, Magnesium Chloride, Nicotinamide, D-pantothenate calcium, Pyridoxine Hydrochloride, Thiamine Hydrochloride and Riboflavin.

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Premium Matcha

FAQs



What does ceremonial-grade matcha mean?

Ceremonial-grade matcha tea refers to the quality of the matcha tea based on the way the matcha tea leaves are harvested and collected.

Ceremonial-grade matcha tea uses leaves which are younger and shade-grown. Shade-grown leaves contain higher amounts of EGCG, chlorophyll, and L-theanine as the lack of sunlight forces the plant to produce more important compounds. The usage of younger plant leaves also improves on the matcha experience as younger leaves are more tender, delicate, and sweet.

This overall method of preparation helps give matcha its vibrant, jade green color, pleasant aroma, sweetness, and smooth texture.

Culinary-grade matcha tea, on the other hand, is a lower quality of matcha that does not use younger or shade-grown leaves.

Who should take Premium Matcha?

Premium Matcha is recommended for healthy adults over the age of 18. It is not suitable for pregnant or nursing women, children or people sensitive to caffeine.

How much Premium Matcha is safe to consume daily?

Since Premium Matcha contains caffeine, it is not recommended to drink more than three servings a day. Consumers should also take into account other forms or sources of caffeine that they are taking.

How much caffeine is in Premium Matcha?

As caffeine is naturally found in matcha tea leaves, the amount of caffeine per serving of Premium Matcha is not standardized.

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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